

Training & Consulting Services with Kristin Kali, LM CPM

I provide training and consulting for midwifery education programs, birth professional organizations, and private clinics working towards gender inclusivity and the reduction of health care disparities for LGBTQ people.

Framework and Approach:

My approach is warm and engaging, designed to cultivate understanding while addressing the practical work involved in creating change.

I utilize the Cultural Humility framework (Tervalon and Murray-Garcia, 1998) to:

- cultivate self-reflection and shifts in attitudes towards LGBTQ people;
- examine power and privilege to inform work towards gender inclusivity and promotion of LGBTQ health; and
- guide institutional accountability through community-based initiatives and advocacy work.

Consistency throughout the organization is achieved by addressing personal development as well as organizational policies, practices and communications.

Sample Agenda:

Informational Interview

- ▶ Examine current institutional climate and culture
- ▶ Identify motivations for change
- ▶ Determine desired outcomes

Training Session 1 - Gender Inclusivity

- ▶ Understand what gender inclusivity is and why it is important
- ▶ Place gender inclusivity within a context of power and privilege
- ▶ Shift worldview to one that is inclusive of people of all genders
- ▶ Utilize gender inclusive terminology in both written and spoken word

Training Session 2 - Applying LGBTQ-centered perspectives to the organization's work

- ▶ Address heteronormativity and cisgender normativity throughout the organization
- ▶ Gain knowledge about LGBTQ-specific health needs in the childbearing process
- ▶ Integrate LGBTQ-specific needs into current models of care
- ▶ Explore aspects of marginalization and discrimination experienced by LGBTQ people
- ▶ Examine the culture of organizational environments and clinical settings
- ▶ Identify ways to create LGBTQ-positive space in all aspects of the organization

Consultation Services

- ▶ Curriculum development
- ▶ Policy revision and implementation
- ▶ Updating systems and environments
- ▶ Other areas as needed

Bio

Kristin Kali, LM CPM is a midwife, teacher, writer, speaker, trainer and consultant specializing in LGBTQ family building and gender inclusivity. She is a warm and engaging presence, delivering professionalism and expertise with a down-to-earth, personable style.

Kristin is an authoritative resource on LGBTQ healthcare during conception and pregnancy, functional approaches to fertility, and midwifery model preconception care. Colleagues and clientele alike remark on Kristin's special talent for breaking down complex topics into an easily understandable form.

Kristin has presented to national and international audiences such as the Midwives Alliance of North America, Canadian Association of Midwives, and Lamaze International. She has provided organizational training and consulting for the Association of Ontario Midwives and Bastyr University, and she has given numerous lectures at universities, conferences and local community groups.

Kristin is the owner of MAIA Midwifery and Fertility Services, internationally renowned for LGBTQ family building expertise and midwifery model preconception care. In addition to providing preconception care via telemedicine to families across the globe, Kristin provides midwifery care, home insemination, classes and support groups in her home city of Seattle, WA, as well as teaching in her home-away-from-home, the San Francisco Bay Area. You can read more about MAIA services, download webinars, and access fertility related products at maiamidwifery.com.